



AUTUMN  
2019

# DANCE CLUBS

For children in school years 1-6

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Minchinhampton Youth Centre

Mondays term time starting 16/9

£25 per child per 5 week course

10% discount when booking 2 or more courses - code DANCE10



Street Dance - 3.40pm-4.40pm

Strictly Come Dancing - 4.50pm-5.50pm

Musical Theatre Song & Dance - 6pm-7pm

Choose one, two or three courses for a whole afternoon of dance!

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Love dancing, learning new routines, dance steps and dance styles?

A Dazzle dance club starts with an active, fun warm up before exploring and developing a new routine and dance genre.

No stress or pressure of grades but the freedom to experiment and devise your own choreography.





# OCTOBER HALF TERM MUSICAL THEATRE DAYS

For ages 5-11



Minchinhampton Youth Centre  
Monday October 28th - Friday November 1st  
10am-3pm each day  
Show at 2.45pm each day

£30 per day

10% discount when booking 2 or more days-code HT10

Five musicals, five days, five shows!  
If you love musical theatre, dressing up,  
singing, dancing, craft and performing join  
Dazzle at the Half Term Musical Theatre  
Days.

Each day you will explore a new and exciting  
musical as you learn and develop a medley of  
songs and upbeat dance routines, get  
creative with themed craft activities and  
build towards a show at the end of each day.

It simply can't get better than that!



ONEL BART'S  
**OLIVER!**



# LADIES DANCE CLASSES

Minchinhampton Youth Centre

Mondays term time starting 16/9

7.45pm-8.45pm

£5 per class

Loyalty cards & contactless payment  
available

Combine with 'Stretch-Rest-Relax'

8.45pm-9.45pm for only £9

Girls aged 14 + are welcome

Each week you will enjoy a new routine, a new upbeat song and a different dance style.

No repetitive moves each week and the satisfaction of learning a complete routine.

Dance styles include bollywood, burlesque, jive, streetdance, disco, tango, cheerleading, musical theatre and famous routines from history.

Please wear shoes and clothes to easily groove in and bring a water bottle.

A warm welcome awaits you.

Give it a try, you might surprise yourself!

"That was so much fun. It was just challenging enough so I couldn't think about anything else, I had to switch off.

But it was also fun!"



# STRETCH-REST-RELAX

The lights dim, beautiful scents and sounds fill the space.  
You lie down, close your eyes and allow yourself to be looked after.  
This is all about you.

The hour starts with a variety of stretches for 25 minutes, designed to relieve stress, stiffness, backaches, improve posture and increase flexibility.

You then get comfortable, pull up a blanket and pop on your self heating eye mask 'Space Mask'.

A guided body scan and short meditation visualization will help you drift off to your happy place and a glass of 'Pukka' nighttime tea is brought to you at 9.35pm.

Start your week with a bit of self care.

Minchinhampton Youth Centre  
Mondays term time starting 16/9

8.45pm-9.45pm

£5 per class

Loyalty cards & contactless payment  
available

Combine with 'Ladies Dance Class' for  
only £9

Girls aged 14 + are welcome



"Women keep busy, whatever we do. We can relax, lie down .. but often we don't prioritise or see the positive effect this has.. This hour aims to provide a space to zone out from the cupboards that need cleaning, the paperwork, the demands of our day.

A deeper relaxation allows your mind to recharge, for you to leave home energised, with clarity and ready to prioritise for the busy week ahead."





# CHILDRENS BIRTHDAY PARTIES

For ages 4-11

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A Dazzle birthday party is a bespoke event.

Dazzle works with you to tailor the party to the group coming together to celebrate the big day providing an interactive, unique, creative experience for all the party goers!

Choose from a variety of packages of 'Dance Parties' with can include a show to parents when collecting or 'Creative Themed Parties' exploring a theme through games, craft, drama, dance and competitions.

Bugs & Butterflies, Musical Theatre, Harry Potter, Unicorns & Rainbows, Ninjas, Science Lab, Strictly Come Dancing, Mission Impossible, Pirates & Mermaids, Stage Fighting ...  
choose a theme and let Dazzle do the rest.

# LADIES DANCE PARTIES

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A Dazzle 'Ladies Dance Party' is a fun and unique way to celebrate a birthday, Christmas or hen event, PTA evening or simply a get together with friends.

This is not a fitness class but a relaxed, sociable evening with lots of breaks for catching up with a drink.

It is perfect for all abilities, ages and any group size.

The priority is FUN and lots of laughs!

Dazzle will work with you to tailor a package to suit the group ranging from a two hour dance party to organising cocktails, nibbles and disco lighting and of course, the mirrorball!

**DAZZLE**





To check availability, for more information or booking an event visit [dazzleworkshops.co.uk](http://dazzleworkshops.co.uk)

   **dazzleworkshops**  
[www.dazzleworkshops.co.uk](http://www.dazzleworkshops.co.uk)

**dazzle**  
creative events for children

DAZZLE WORKSHOPS

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equality - creativity - teamwork - spontaneity - imagination - self-esteem