



dazzle  
creative events for children



Minchinhampton Church of  
England Primary Academy

Wake  
Up Club

# BREAKFAST CLUB BENEFITS

*'Sarah cares about everyone having fun and the happiness of all who attend, it's a lovely start to the day for my daughter.'*

The morning rush to leave the house is often the most stressful part of the day for parents of primary school children. Making sure the kids are up, washed, dressed and have had a decent breakfast can be an uphill struggle, and if you're trying to get to work yourself, it can be even more fraught.

Breakfast clubs are now available in most schools and there are lots of ways a child could benefit from going along:

- Improved concentration
- Improved attendance and punctuality
- Better behaviour
- Improved attainment and achievement at school

"Giving children a positive play experience before school helps them to relax and makes them happy. Compared to the chaotic and stressful experience many children have in the morning, this is an excellent start to the day." The School Run

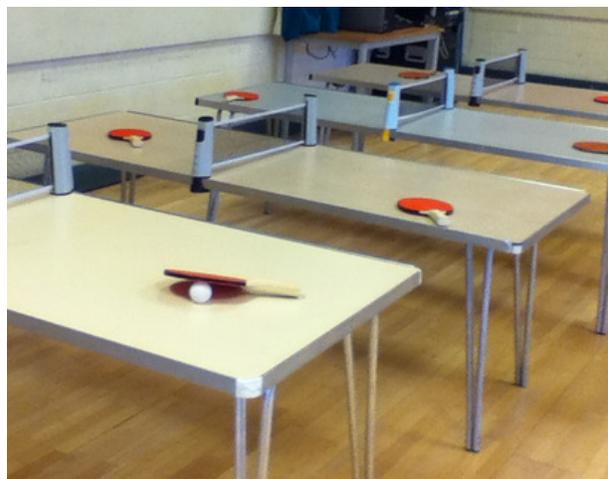
Breakfast clubs are also a good place for children to socialise. The social interaction is really important; often, the breakfast club is the only opportunity for children of different ages to spend time together at school.

The school are providing a service and support for working parents with no extra workload to school staff, the parents are able to get to work on time and the children are active, socialising and relaxing into their day at school.

DAZZLE has been running the successful early morning 'WAKE UP CLUB' at Minchinhampton Academy since 2015.

The children attend for many different reasons ranging from working parents, confidence building, giving extra time for parents to get a younger sibling to nursery and some who simply want a bit of fun with friends before going into class.

*"Wake Up Club is worth getting up early for"*





# A TYPICAL WAKE UP CLUB MORNING

*"My daughter loves Wake Up Club. Sarah is always full of energy and fab ideas so there are always new things to try. She loves it so much that she even goes on the days I am not at work!"*

A WAKE UP CLUB is not a typical school breakfast club.

A Wake Up Club morning is a fun, active, inspiring and positive start to the child's day. It is an extension to their school day, not simply childcare.

A Dazzle 'Wake Up Club' aims to develop new skills, fitness, co-ordination, confidence and prepare the children for a day at school.

The children are welcomed from 7.45am with a simple healthy breakfast and activities are set up in the hall with a colouring and craft table. Once the majority of the group has arrived the children sometimes free play or a structured activity starts which can vary from plate spinning, football skills, french skipping, tennis, crazy golf, play dough games, gymnastics, craft activities, board games, yoga, croquet, basketball or indoor cricket.

At 8.30am the children re-group before starting their school day. The session sometimes includes a 'Check Me Out' section when the children are invited to demonstrate skills they have been practising before they join their class or go to the playground. We have seen violin recitals, dance routines, magic tricks and an art exhibition!

The Minchinhampton group has also written their own Wake Up Club song, designed the Wake Up Club logo, created Wake Up Club game cards and new Croga cards, Crazy Yoga!

The children in Reception to Year 4 walk to their class from the hall at 8.45am but Years 5 & 6 have the option of joining their class in the playground from 8.35am.

## COST AND BOOKING

Parents are able to book the Wake Up Club for half term or term courses which works out at £3.50 per morning, ensuring a place for your child. But there is also the option of booking a one-off mornings at a cost of £4, if there is space available. This is a flat fee regardless of whether your child has breakfast or the time your child arrives.

Parents book the club direct through the Dazzle website. The courses are usually available to book two weeks before the start of each term.

There are 20 spaces available each morning.

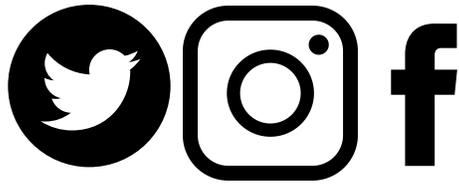
If you are interested in your child joining the Wake Up Club or would like to discuss this more please contact Sarah at Dazzle.

*"I love Wake Up Club because lots of my friends go and there's always something different to do each day.*

*I especially love hula-hooping, dancing and gymnastics!"*

*"Wake Up Club is fun. You get a chance to do all different things and it gets me ready for the day."*





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dazzleworkshops.co.uk

## ABOUT DAZZLE

Sarah founded Dazzle in 2005.

"After studying dance & drama, working in retail for 10 years and starting a family it was time to combine all my experiences and create Dazzle. Dazzle was bubbling away since I was 7 years old waiting for the right moment!"

Dazzle now runs school Wake Up Clubs, Pre-School courses, Holiday Clubs and Intensive Theatre Workshops, School Productions, After School Dance Clubs, School Topic Dance Courses and Birthday Parties.

"I am very lucky. My work is always so varied, every day is different. From a pre-school class to a school production, every project is important to get as right as possible for all the individuals involved. My main aim, through the creative arts, is to help turn happy little people into happy, confident, creative, respectful adults, whatever they choose to do in life."

Sarah has Enhanced DBS, Safeguarding Level 2 and Paediatric First Aid Training, Public Liability Insurance and Food Hygiene Level 1.

## CONTACT

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